

2017 Cougar Invite - 4/22/2017 9:21:52 AM

JFK Bellmore High School, Bellmore, NY

Varsity Boys 400 Meter Hurdles

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Name	Yr Team	Time	H#
1 Russell Johnson	11 Baldwin	59.6h	1
2 Vincent Eng	11 Jericho	1:03.0h	1
3 Ryan Pearse	11 Seaford	1:03.2h	1
4 luke Esformas	12 Long Beach	1:03.5h	1
4 Kinneth Sheppard	11 Baldwin	1:03.5h	2
6 Jeffrey Purirojejanan	12 MacArthur	1:04.4h	2
7 Finian Ashmead	12 Long Beach	1:04.6h	1
8 Rodensky Bien-Amie	12 Wyandach	1:06.4h	2
8 Connor Kelly	11 Seaford	1:06.4h	3
10 Asa Easter	12 Long Beach	1:06.8h	1
11 Erik Collins	10 JFK Bellmore	1:06.9h	3
12 DANIIL SAPUNKOV	9 James Madison	1:07.3h	2
13 Thomas Kratina	10 Island Trees	1:07.6h	4
14 Christopher Chao	11 JFK Bellmore	1:07.7h	3
15 Jaden Lloyd Forde	11 Baldwin	1:08.3h	3
16 Brian Zhang	11 Jericho	1:08.8h	4
17 Justin Shao	11 Jericho	1:08.9h	2
18 Unknown	11 Seaford	1:09.1h	2
19 Ed Perez	10 Long Beach	1:10.0h	3
20 Sam Gibson	11 Long Beach	1:10.6h	3
21 Eric Schneider	10 Seaford	1:12.0h	4
22 Matthew Sheen	11 Jericho	1:13.5h	4
23 Kevin Leimgruber	10 Carey	1:15.1h	4

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24 Ryan Mott 12 Island Trees 1:18.1h 4

Varsity Girls 400 Meter Hurdles

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Name	Yr Team	Time	H#
1 Isabella Delacruz	9 Wantagh	1:13.10	1
2 Courtney Martin	9 Island Trees	1:14.50	1
3 Lisa Nagahama	11 Ardsley	1:16.60	1
4 Elisa D''Sa	9 Mepham	1:19.40	1
5 Shania Mohammed	11 James Madison	1:20.00	2
6 Olivia Perry	9 Mepham	1:21.00	1
7 Hannah Philipose	10 Jericho	1:21.40	1
8 Natalie Adam	10 Jericho	1:22.30	3
9 Krystal Aquinaga	9 MacArthur	1:22.70	2
9 Alexandra Brinton	11 JFK Bellmore	1:22.70	3
11 Nora Palkola	9 Ardsley	1:25.50	4
12 Emily Dee	12 Carey	1:26.40	4
13 Jenna Zilberzweig	9 JFK Bellmore	1:26.80	3
14 Brittany Cardona	9 Clarke	1:27.40	4
15 Jenny Purirojejananon	9 MacArthur	1:27.50	2
15 Paulina Czartoryski	11 Long Beach	1:27.50	2
17 Jennifer Lin	9 Jericho	1:29.70	2
18 Gabrielle Beauharnais	11 JFK Bellmore	1:29.90	3
19 Emma Wasson	12 Mepham	1:30.50	2
20 Deeba Rustemi	11 Clarke	1:31.60	3
21 Eliza Ostrofsky	9 JFK Bellmore	1:34.90	3

Varsity Boys 200 Meter Dash

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Name	Yr Team	Time	H#
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1	Jefferson Fontaine	12 Wyandach	22.4	1
2	Adam Fields	12 Carey	22.5	1
3	Nicholas Simonetti	11 MacArthur	22.8	1
4	Matthew Washington	12 Baldwin	23.1	2
5	Corey Bull	12 Roosevelt	23.2	1
6	Malcolm Livingston	11 Roosevelt	23.4	1
7	Shawn King	11 JFK Bellmore	23.5	2
8	Charlie Schueler	11 Lynbrook	23.6	1
9	Gavin Jones	11 Mepham	23.8	3
10	Corry Brinken	11 Carey	23.9	2
11	Charlie Doherty	12 Wantagh	24.0	3
12	Marcello Bellia	12 MacArthur	24.1	3
13	Luis Fernandez	12 Baldwin	24.2	2
14	Chris Russo	11 MacArthur	24.3	4
14	Thomas Testa	12 Mepham	24.3	4
14	M Branty	Harry Van Arsdale	24.3	4
17	I. Joseph	Harry Van Arsdale	24.4	2
18	JALEN WOODLEY	12 James Madison	24.5	3
19	J. Rowley	Harry Van Arsdale	24.7	2
20	ELIJAH JEAN PIERRE	12 James Madison	24.8	3
21	Emmil Cooper	11 Long Beach	24.9	4
21	Richard Lilly	11 Long Beach	24.9	4
23	Jean David Ezena	12 Wyandach	25.1	3
24	Y Camarah	Harry Van Arsdale	25.4	4

Frosh/Soph Boys 200 Meter Dash

Name	Yr Team	Time	H#
1 James Lin	10 Jericho	23.1	1
2 Mufiu Shittu	10 Baldwin	24.0	1

3	Michael Lin	10 Jericho	24.4	1
4	Ziyad Gawish	10 Mepham	25.0	1
4	Nick Pili	10 Carey	25.0	1
4	J. Jackson	Harry Van Arsdale	25.0	3
7	Eric Dennis	10 Wyandach	25.3	2
7	Keve Melendez	10 Baldwin	25.3	4
9	Kimani Clarke	9 Baldwin	25.4	1
10	T. Daly	Harry Van Arsdale	25.5	3
10	Eric Schwab	9 JFK Bellmore	25.5	4
12	Jeffrey Zhang	10 Jericho	25.6	2
12	Wesley Pergament	9 Jericho	25.6	2
14	NA	11 James Madison	25.8	4
15	Abimael Laguerre	10 Wyandach	25.9	2
16	Kevin Kazokas	9 Mepham	26.1	2
16	Matt Ryan	10 Seaford	26.1	3
16	Jack Racer	9 JFK Bellmore	26.1	4
19	Rick Wang	9 Jericho	26.5	2
20	Jack Fontanetta	9 Mepham	26.8	3
20	Andrew Terziario	10 Mepham	26.8	4
22	Peter Martorana	10 Mepham	26.9	3
23	Damian Rivera,	Ardsley	27.0	4
24	Brandon Kolb	10 Mepham	27.2	3

Varsity Girls 200 Meter Dash

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Name	Yr Team	Time	H#
1 LINESHA THOMPSON	11 James Madison	25.9	1
2 Gianna McGowan	8 Island Trees	26.8	1
3 Alyssa Lyman	12 Mepham	27.4	1
4 Sarah Bayer	11 Mepham	28.1	1

5	C Felton		Harry Van Arsdale	28.7	1
6	Samantha Torrellas	12	Ardsley	29.7	2
6	Simarat Kohli	11	Ardsley	29.7	2
8	Meilin Garfinkel	9	Long Beach	29.9	2
9	alison Adamo	12	Carey	30.0	4
10	Valerie Aviles	12	Carey	30.4	4
11	Kenna Martin	11	Ardsley	30.6	2
11	NA	9	Wantagh	30.6	4
13	Manleen Kohli	11	Ardsley	30.7	2
14	Sabrina Kersaint-Paul	11	Carey	30.8	4
15	Kristina Lane	12	Mepham	31.0	3
16	Donald		Harry Van Arsdale	31.2	3
17	Anna Dunn	11	Ardsley	31.4	2
18	Sofia Barone	12	Wantagh	31.5	4
19	Gina Connors	11	Mepham	31.6	3
20	Victoria Colon	11	Ardsley	32.2	3
21	Shania Mohammed	11	James Madison	32.6	1
22	Franziska Helmrich	11	Mepham	32.7	4
23	Emma Connolly	11	Mepham	32.8	3
24	Figuerero		Harry Van Arsdale	33.4	3

Frosh/Soph Girls 200 Meter Dash

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Name	Yr	Team	Time	H#	

1	Melissa	Cunningham	8	Island Trees	27.2 1
2	Charles			Harry Van Arsdale	27.9 1
3	Jasmine	Johnson	10	Long Beach	28.8 1
4	Hannah	Stevens	9	MacArthur	29.9 2
5	Paris	Haddo	10	Clarke	30.3 1
6	Amanda	Silberberg	10	MacArthur	30.5 1
7	Amelia	Silberger	9	MacArthur	30.9 3

8	Emily Testa	9	MacArthur	31.0	3
8	Nora Palkola	9	Ardsley	31.0	3
10	Zoey Lollis	10	Long Beach	31.1	1
11	Paige Viola	9	Mepham	31.3	2
12	kristina Wang	10	Ardsley	31.4	2
13	Francesca DellaCroce	9	MacArthur	31.5	4
14	Arianna McLean	9	Mepham	31.7	4
15	Montgomery		Harry Van Arsdale	31.8	2
16	Anya Mody	10	Ardsley	32.4	2
17	Kristen Jozwik	10	Mepham	32.5	4
18	Julianne Pelegrino	9	Long Beach	32.7	2
19	Olivia Berin	9	JFK Bellmore	33.5	4
20	ISABELA ROSARIO	10	Harry Van Arsdale	33.6	3
20	Melissa Mjeshtri		JFK Bellmore	33.6	3
22	Amanda DeLaCruz	10	Long Beach	33.8	3
22	Olympia Nassis	9	Ardsley	33.8	4
24	KALAYA SOTO	9	Harry Van Arsdale	36.4	4

Varsity Boys 3200 Meter Run

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Name	Yr Team	Time
1 James Moehringer	12 Mepham	10:05.3
2 Will Salmon	12 Baldwin	10:08.7
DNF James McVeigh	12 Wantagh	NT
DNF Kenny Barrett	11 MacArthur	NT
DNF Peter Dugan	12 MacArthur	NT
DNF Leonardo Cuozzo	11 Mepham	NT
DNF Brian Thurston	12 Long Beach	NT
DNF Joseph Malone	10 Mepham	NT
DNF Paul Markovina	11 Jericho	NT

Varsity Girls 3000 Meter Run

Name	Yr Team	Time
1 Tess Duignan	11 Wantagh	12:12.30
2 Sandra Re	Wantagh	12:32.70
DNF Kyleigh Watson	11 Wantagh	NT
DNF Brittany Jenkofsky	12 Island Trees	NT
DNF Jillian Conlon	10 JFK Bellmore	NT
DNF Audrey Cozine	9 Long Beach	NT
DNF Alexandra Brinton	11 JFK Bellmore	NT
DNF Brenna Regan	9 Long Beach	NT
DNF Adeline Donnelly	9 Long Beach	NT

Varsity Boys 800 Meter Run

Name	Yr Team	Time
1 HUMBERTO WALLACE	12 James Madison	2:04.3
2 Frank Mulvey	12 Baldwin	2:05.7
3 Zach Wachs,	Ardsley	2:06.8
4 Vega	Harry Van Arsdale	2:07.4
5 ANTHONY FERRARA	12 James Madison	2:08.1
6 Anthony Bolic	11 Mepham	2:10.1
7 XAVIER ABREU NEGRON	11 Harry Van Arsdale	2:11.1
8 Dylan Lee	12 Baldwin	2:12.1
9 Alex Brown	11 Long Beach	2:12.9
10 Alex Michealmen	11 Long Beach	2:15.2
11 Connor Kelly	11 Seaford	2:16.7
12 Jared Weissberg	11 Long Beach	2:17.5
13 Gardy Millien	12 Baldwin	2:19.1

14	Jacob Giller	12	JFK Bellmore	2:20.0
15	Vincent Eng	11	Jericho	2:23.1
16	Christian Mackey	11	Jericho	2:24.2
17	Kyle Peters	11	Jericho	2:26.2

Frosh/Soph Boys 800 Meter Run

Name	Yr	Team	Time
1	Jason Linzer	9 Seaford	2:06.1
2	Timmy Webber	9 MacArthur	2:06.8
3	Ziyad Gawish	10 Mepham	2:07.9
4	Liam Graff	9 Baldwin	2:08.9
5	Bryan Murphy	10 Wantagh	2:09.6
6	Brian Scannell	10 Baldwin	2:12.0
7	Chris Ducey	10 MacArthur	2:13.9
8	Patrick Mulvey	9 Baldwin	2:14.4
9	Zachary Wilson	9 Mepham	2:16.3
10	Evan Batsford	10 Baldwin	2:16.5
11	Shariff Brown	10 Roosevelt	2:18.4
12	Christopher Miliano	10 Carey	2:19.5
13	Peter Martorana	10 Mepham	2:19.6
14	Dylan Baker	9 Seaford	2:21.7
15	Justin Ortiz	9 Island Trees	2:21.9

Varsity Girls 800 Meter Run

Name	Yr	Team	Time	H#
1	Beth Sheehan	11 Mepham	2:38.2	1
2	Christina Weir	12 Wantagh	2:40.7	1

3	Marissa Murphy	11	Island Trees	2:43.0	1
4	Catherine Zamroz	12	Island Trees	2:44.0	1
5	Lisa Nagahama	11	Ardsley	2:45.5	1
6	Kerri Goldfuss	12	Clarke	2:46.2	2
7	Hannah Peterson	11	MacArthur	2:46.6	1
8	Diana Testa	12	MacArthur	2:49.2	1
9	Abby Pineda	11	Clarke	2:50.1	1
10	Annie Browne	11	Wantagh	2:51.7	1
11	Meredith Casey	11	Ardsley	2:52.4	1
12	Tian Colby	11	JFK Bellmore	2:54.2	1
13	YULIANA ANIKINA	11	James Madison	2:56.5	1

Frosh/Soph Girls 800 Meter Run

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Name	Yr	Team	Time		

1	2699	Wantagh	2:25.2		
2	Cara Duffy	9	Island Trees	2:30.7	
3	Lily Walsh	9	Mepham	2:34.8	
4	Elisa D''Sa	9	Mepham	2:38.7	
5	Gabrielle Cardillo	10	Island Trees	2:39.2	
6	Olivia Eden	9	MacArthur	2:39.9	
7	Erin Brown	9	Long Beach	2:43.0	
8	Jamie Race	9	MacArthur	2:46.2	
9	Mariead Gillespie	9	MacArthur	2:46.6	
10	Annalee Molloy	10	Carey	2:48.6	
11	Lindsey Del Rio	9	Long Beach	2:49.5	
12	Jenn Gattus	10	MacArthur	2:50.6	
13	Clara Remon	10	Ardsley	2:54.2	
14	Julianne Pelegrino	9	Long Beach	3:03.9	
15	CHRISTINA FILS	9	James Madison	3:04.7	

Varsity Boys 100 Meter Dash Prelims

Name	Yr Team	Time	H#
1 Jeremy Lissade	12 Mepham	10.30	1
2 Adam Fields	12 Carey	10.90	2
3 Nicholas Simonetti	11 MacArthur	11.00	1
4 Jonathan Cabral-Marti	10 Lynbrook	11.10	1
4 Jefferson Fontaine	12 Wyandach	11.10	3
4 Matthew Washington	12 Baldwin	11.10	3
7 Malcolm Livingston	11 Roosevelt	11.30	1
8 Luis Fernandez	12 Baldwin	11.50	2
8 Corry Brinken	11 Carey	11.50	3
10 Shawn King	11 JFK Bellmore	11.60	3
11 Marcello Bellia	12 MacArthur	11.70	1
11 Charlie Schueler	11 Lynbrook	11.70	2
13 ISRAEL JOSEPH	11 Harry Van Arsdale	11.80	3
14 Steven Lopez	11 Carey	11.90	3
15 Charlie Doherty	12 Wantagh	12.10	2
16 J. Rowley	Harry Van Arsdale	12.20	2
17 Olusola Fayomi	12 Baldwin	12.49	1
18 Justin Heiss	12 Long Beach	15.20	2

Varsity Boys 100 Meter Dash Finals

Name	Yr Team	Time
1 Jeremy Lissade	12 Mepham	10.5h
2 Adam Fields	12 Carey	10.9h
3 Jefferson Fontaine	12 Wyandach	11.1h

4	Matthew Washington	12 Baldwin	11.2h
5	Nicholas Simonetti	11 MacArthur	11.3h
6	Jonathan Cabral-Marti	10 Lynbrook	11.5h

Frosh/Soph Boys 100 Meter Dash Prelims

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Name	Yr Team	Time	H#
1 James Lin	10 Jericho	11.50	1
1 Alex Deputy	9 Lynbrook	11.50	2
3 Alonte Shipp	10 Wyandach	11.80	2
3 JARED JACKSON	10 Harry Van Arsdale	11.80	3
5 Michael Lin	10 Jericho	11.90	3
6 Tavoy Dailey	9 Wyandach	12.10	2
6 Sam Mitchell	9 Roosevelt	12.10	3
8 Nick Pili	10 Carey	12.30	2
8 Eric Dennis	10 Wyandach	12.30	3
10 Dan Martinez	10 Lynbrook	12.40	1
10 Keve Melendez	10 Baldwin	12.40	2
10 Jack Racer	9 JFK Bellmore	12.40	3
13 Kimani Clarke	9 Baldwin	12.50	1
14 Abimael Laguerre	10 Wyandach	12.70	1
15 Vis Haripal	9 Carey	12.80	1
16 jafet gomez	10 Roosevelt	13.20	1
16 Nick Perez	10 Carey	13.20	3
18 Peter Pagan	9 Lynbrook	13.30	2

Frosh/Soph Boys 100 Meter Dash Finals

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Name	Yr Team	Time	H#
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1	James Lin	10 Jericho	11.40	2
2	Alex Deputy	9 Lynbrook	11.60	2
3	JARED JACKSON	10 Harry Van Arsdale	11.80	2
4	Tavoy Dailey	9 Wyandach	11.90	1
5	Michael Lin	10 Jericho	12.10	2
6	Alonte Shipp	10 Wyandach	12.40	2
7	Sam Mitchell	9 Roosevelt	12.80	1

Varsity Girls 100 Meter Dash Prelims

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Name	Yr Team	Time	H#
1 Gianna McGowan	8 Island Trees	12.90	1
2 Yilinn Yang	11 Ardsley	13.00	2
3 Diamond Lambert	11 Long Beach	13.60	2
4 Chakira Bell	11 Ardsley	13.70	3
5 Valerie Aviles	12 Carey	13.80	1
6 C Felton	Harry Van Arsdale	14.00	2
7 Samantha Torrellas	12 Ardsley	14.10	3
8 Sarah Danzig	11 Long Beach	14.20	3
9 Simarat Kohli	11 Ardsley	14.30	2
10 alison Adamo	12 Carey	14.50	3
11 Gina Connors	11 Mepham	14.80	1
12 Kenna Martin	11 Ardsley	14.90	2
13 Nicole Artoglou	11 Clarke	15.10	1
13 Manleen Kohli	11 Ardsley	15.10	3
15 Emma Connolly	11 Mepham	15.40	1
15 Mriganka Nerkar	11 Ardsley	15.40	2
17 Lillian Chu	11 Jericho	15.60	1

Varsity Girls 100 Meter Dash Finals

Name	Yr Team	Time
1 Gianna McGowan	8 Island Trees	12.80
2 Yilinn Yang	11 Ardsley	12.90
3 Chakira Bell	11 Ardsley	13.50
4 C Felton	Harry Van Arsdale	13.80
5 Diamond Lambert	11 Long Beach	13.90
6 Valerie Aviles	12 Carey	14.10

Frosh/Soph Girls 100 Meter Dash Prelims

Name	Yr Team	Time	H#
1 Brianna Thier	9 Mepham	13.10	1
2 Jasmine Johnson	10 Long Beach	13.30	2
3 Natalie Adam	10 Jericho	13.70	2
4 Jayden Taylor	10 Ardsley	13.80	3
5 Hannah Stevens	9 MacArthur	14.20	2
5 Zoey Lollis	10 Long Beach	14.20	3
7 Caitlin Tavas	9 Ardsley	14.30	1
8 Kirstin Fogarty	9 Clarke	14.50	2
8 Francesca DellaCroce	9 MacArthur	14.50	3
10 Zarina Nabi	10 Ardsley	14.80	3
11 Anya Mody	10 Ardsley	14.90	1
12 Amanda Silberberg	10 MacArthur	15.10	1
12 Unknown Unknown	Mepham	15.10	1
12 kristina Wang	10 Ardsley	15.10	2
15 Olivia Perry	9 Mepham	15.20	1
16 Julianne Pelegrino	9 Long Beach	15.40	3

17 Kristen Jozwik	10 Mephram	15.50	2
18 Rachel Layvey	11 Clarke	15.70	3

Frosh/Soph Girls 100 Meter Dash Finals

Name	Yr Team	Time	H#
1 Brianna Thier	9 Mephram	13.10	2
2 Natalie Adam	10 Jericho	13.50	2
3 Jasmine Johnson	10 Long Beach	13.60	2
4 Jayden Taylor	10 Ardsley	14.00	2
5 Hannah Stevens	9 MacArthur	14.10	1
5 Zoey Lollis	10 Long Beach	14.10	2
7 Caitlin Tavas	9 Ardsley	14.30	1

Varsity Boys 110 Meter Hurdles

Name	Yr Team	Time	H#
1 Jeffrey Purirojejanan	12 MacArthur	15.0h	1
2 Dashawn Jackson	12 Roosevelt	15.2h	1
3 Russell Johnson	11 Baldwin	15.3h	1
4 luke Esformas	12 Long Beach	15.9h	1
5 Kinneth Sheppard	11 Baldwin	16.9	2
6 Brian Zhang	11 Jericho	17.3	2
7 Rodensky Bien-Amie	12 Wyandach	17.5	2
8 Kenneth Ciulla	11 Carey	18.3h	1
9 Asa Easter	12 Long Beach	18.6h	1
10 Justin Shao	11 Jericho	18.7	3
11 Andrew Cuchel	10 Seaford	18.9	2
12 Finian Ashmead	12 Long Beach	19.0	3

13	Jaden Lloyd Forde	11	Baldwin	19.4	3
14	Matthew Sheen	11	Jericho	19.5	2
15	Dante Marzini	9	Seaford	19.6	3
16	Unknown	11	Seaford	19.9	2
16	Rich Corbin	12	Wantagh	19.9	5
18	Luke Sulli	9	Seaford	20.5	3
19	Anthony D''Erasmus	10	Carey	20.6	3
19	Dante Valentini	10	Carey	20.6	4
21	Michael Steele	11	Wantagh	21.0	5
22	Kevin Leimgruber	10	Carey	21.3	5
23	Nick Corona	10	Carey	21.4	4
24	CJ Sollitto	9	Lynbrook	21.5	4
25	Vincent Valentini	10	Carey	21.9	4
26	Michael Silverman	9	Wantagh	22.6	5

Varsity Girls 100 Meter Hurdles

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Name	Yr	Team	Time	H#
1	???	???	Jericho	17.0 4
2	Isabella	Delacruz	9 Wantagh	17.7 1
3	Courtney	Martin	9 Island Trees	18.1 1
4	Brianna	Carroll	9 Wantagh	18.3 1
5	Natalie	Johnston	10 Island Trees	18.7 1
6	???	???	MacArthur	19.6 4
7	???	???	MacArthur	20.0 4
8	Jennifer	Lin	9 Jericho	20.2 2
9	Jenna	Greenwald	11 JFK Bellmore	20.5 1
9	Nora	Palkola	9 Ardsley	20.5 2
11	Brittany	Cardona	9 Clarke	20.8 2
12	Allison	DePaulis	9 Wantagh	21.1 2
13	Hannah	Philipose	10 Jericho	21.2 3

13	Min Yoon	9	Jericho	21.2	3
15	Jenny Purirojejananon	9	MacArthur	22.0	2
16	Paulina Czartoryski	11	Long Beach	22.3	2
DQ	Paige Viola	9	Mepham	NT	1
DQ	Skylar Hasseck	11	JFK Bellmore	NT	3
DQ	Caroline Johnson	9	MacArthur	NT	3

Varsity Boys 400 Meter Dash

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Name	Yr	Team	Time	H#	

1	Tristan Groh	11	Long Beach	53.00	1
2	Ryan Kapoor	12	Jericho	53.70	1
3	Matthew Kreuder	12	JFK Bellmore	54.20	3
4	Malcolm Livingston	11	Roosevelt	54.40	1
5	Zach Wachs,		Ardsley	54.50	1
6	Gardy Millien	12	Baldwin	54.90	1
7	Alexander Odle-Lopez	12	Wyandach	55.40	1
7	JALEN WOODLEY	12	James Madison	55.40	3
9	Tyler McPartland	12	Mepham	55.70	2
10	Jacob Wise,		Ardsley	55.80	3
11	Christopher Avena	11	Wantagh	56.10	4
12	J. Lin		Jericho	56.70	2
13	Benjamin Chen	11	Jericho	57.30	3
14	Anthony Cuchel	11	Seaford	57.60	2
15	Matt Siegler	12	JFK Bellmore	57.80	4
16	Jared Weissberg	11	Long Beach	58.00	2
17	Brandon Vanenburg	10	Baldwin	58.10	4
18	Richard Lilly	11	Long Beach	58.80	3
19	Jeff Qiu	11	Jericho	59.10	4
20	mattew martin	12	Roosevelt	59.30	2

20 Unknown	11 Seaford	59.30	4
22 ELIJAH JEAN PIERRE	12 James Madison	59.40	3
23 John-Marcus Fuentes	11 Carey	59.50	4
24 Unknown Unknown	Harry Van Arsdale	1:00.20	2

Frosh/Soph Boys 400 Meter Dash

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Name	Yr Team	Time	H#
1 Mufiu Shittu	10 Baldwin	54.10	1
2 Patrick Mulvey	9 Baldwin	54.50	1
3 Jack Palmer	10 Long Beach	54.90	1
4 Shariff Brown	10 Roosevelt	55.30	1
5 Matt Diaks	10 Wantagh	55.80	1
6 TIMOTHY DALY	10 Harry Van Arsdale	58.20	2
7 Luis Mavarez	10 Carey	58.40	2
8 Jon Nieves	10 MacArthur	58.50	2
9 DANIIL SAPUNKOV	9 James Madison	59.60	1
9 Nico Leone	Ardsley	59.60	3
11 Matthew Gelin	10 Mepham	1:00.10	3
12 JOSHUA AUBOURG	10 James Madison	1:01.00	2
12 Jerry Zhang	10 Jericho	1:01.00	3
12 Robert Hagner	10 MacArthur	1:01.00	4
15 Manuel Fernandez	9 MacArthur	1:01.90	3
16 Adam Wang	10 Jericho	1:02.20	3
17 Ethan Grassini	9 Long Beach	1:02.40	4
18 Jeremiah Cochran	9 Long Beach	1:02.90	2
19 Nolan Doerzbacher	10 Mepham	1:03.00	4
20 Brandon Hernandez	10 Island Trees	1:03.90	3
21 davontay jones	9 Roosevelt	1:04.40	4
22 Eric Schneider	10 Seaford	1:05.80	2
23 Ross Gossett	9 JFK Bellmore	1:06.50	4

24 Anthony Galvez 10 Island Trees 1:07.50 4

Varsity Girls 400 Meter Dash

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Name	Yr Team	Time	H#
1 Emily Amato	12 Mepham	1:02.60	1
2 NYEIRA GORDON	12 James Madison	1:03.40	1
3 Erin Cassano	11 MacArthur	1:05.30	1
4 Catherine Zamroz	12 Island Trees	1:07.00	1
5 Marissa Murphy	11 Island Trees	1:08.20	1
6 Hannah Peterson	11 MacArthur	1:10.20	2
7 Kerri Goldfuss	12 Clarke	1:10.80	2
8 Abby Pineda	11 Clarke	1:13.40	2
9 Meredith Casey	11 Ardsley	1:15.10	1
10 Gabriela Vasilakis	12 Carey	1:17.20	2
11 Victoria Colon	11 Ardsley	1:18.60	2
12 Emily Adler	11 Ardsley	1:18.70	2

Frosh/Soph Girls 400 Meter Dash

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Name	Yr Team	Time	H#
1 SHABATHYAH CHARLES	10 Harry Van Arsdale	1:04.54	1
2 Melissa Cunningham	8 Island Trees	1:05.40	1
3 Olivia Eden	9 MacArthur	1:09.20	2
4 King Katarina	9 Wantagh	1:09.40	3
5 Lindsey Del Rio	9 Long Beach	1:10.30	1
6 Joanna Grafas	10 Jericho	1:10.40	2
7 Jordan Goldstein	10 Jericho	1:10.80	2
8 Julianne Pelegrino	9 Long Beach	1:12.70	1

9	Erin Brown	9 Long Beach	1:13.10	1
10	Kallieope Vitetzakis	9 Clarke	1:13.50	2
11	Krystal Aquinaga	9 MacArthur	1:13.90	2
12	Amanda DeLaCruz	10 Long Beach	1:19.60	3
13	Alexandra Gately	9 MacArthur	1:20.10	3
14	Audrey Cozine	9 Long Beach	1:20.30	1
15	Hannah Lilly	9 Long Beach	1:22.20	3
16	Maya Halt	9 Long Beach	1:23.00	3
17	Sabina Sobhy	9 MacArthur	1:23.50	2
18	Mia Kreiss	10 Long Beach	1:27.40	3

Varsity Boys 1600 Meter Run

=====

Name	Yr Team	Time
1 Yusuf Hasan	11 Mephram	4:47.90
2 Matthew Gemma	12 Mephram	4:56.70
3 Brendan Moehringer	10 Mephram	4:57.40
4 XAVIER ABREU NEGRON	11 Harry Van Arsdale	5:00.50
5 Dylan Lee	12 Baldwin	5:01.50
6 Jonathan Ward	12 Mephram	5:03.00
7 Pavel Gromov	11 Mephram	5:09.40
8 Jake Furnari	11 MacArthur	5:10.70
9 Rohan Basavaraju	11 Jericho	5:16.80
10 Jeremy Pekoff	12 Mephram	5:17.00

Frosh/Soph Boys 1600 Meter Run

=====

Name	Yr Team	Time
1 Jason Linzer	9 Seaford	4:51.50
2 Liam Graff	9 Baldwin	4:54.20

3	Evan Batsford	10 Baldwin	5:03.50
4	Thomas Bodendorf	10 Mepham	5:04.90
5	John Berry	10 Mepham	5:06.40
6	John Krzyminski	10 Seaford	5:08.00
7	Sean Dempsey	9 MacArthur	5:15.00
8	Brandon Kolb	10 Mepham	5:19.20
9	Dylan Baker	9 Seaford	5:22.80
10	Justin Ortiz	9 Island Trees	5:27.60
11	Dillon Pekoff	10 Mepham	5:27.90
12	Jacob Kruel	10 Island Trees	5:29.30

Varsity Girls 1500 Meter Run

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Name	Yr Team	Time
1 Carissa Kahn	12 Mepham	5:09.80
2 Natalie Pekoff	11 Mepham	5:33.50
3 Diana Testa	12 MacArthur	5:47.40
4 Brittany Jenkofsky	12 Island Trees	6:01.40
5 Carly Boccone	11 Mepham	6:08.10
6 Fiona Hally	11 Jericho	6:29.70
7 SHILAH ROSE	12 James Madison	6:47.90
8 Diana Licetti	11 Jericho	6:49.50

Frosh/Soph Girls 1500 Meter Run

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Name	Yr Team	Time
1 Cara Duffy	9 Island Trees	5:16.90
2 Jamie Race	9 MacArthur	5:36.10
3 Jillian Conlon	10 JFK Bellmore	5:37.30

4	Jenn Gattus	10 MacArthur	5:44.20
5	Mariead Gillespie	9 MacArthur	5:56.40
6	Kristina Fuchs	9 Wantagh	6:05.20
7	Anna Schneiderman	10 Ardsley	6:33.40
8	Ilana Waller	10 Jericho	6:34.80
9	Gabby Gately	10 MacArthur	6:40.20
10	Kristina Choa	10 Jericho	6:49.60
11	Angela Chen	10 Jericho	7:02.10

Varsity Girls Mile Medley Relay

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Team	Time
1 Mepham	4:37.40
2 Wantagh	4:45.30
3 MacArthur	5:03.60
4 Jericho	5:24.60
5 Ardsley B	5:31.90
6 Ardsley A	6:09.60

Varsity Boys Mile Medley Relay

=====

Team	Time	H#
1 Mepham A	3:40.60	1
2 Baldwin A	3:42.20	1
3 James Madison	3:49.80	1
4 Mepham B	3:50.70	2
5 Jericho A	3:54.50	1
6 Harry Van Arsdale A	3:56.20	1
7 Baldwin B	3:59.30	2
8 MacArthur A	4:02.10	2

9	Mepham D	4:06.50	3
10	Jericho C	4:10.50	3
11	Mepham C	4:11.20	3
12	Jericho B	4:12.20	2
13	Harry Van Arsdale B	4:21.20	2
14	MacArthur B	4:30.10	3

Varsity Girls Shot Put

Name	Yr Team	Mark
1 Sam Chase	12 Long Beach	30-01.75
2 Nolani Kennedy-White	10 Jericho	28-09.00
3 Savannah Palas	Wantagh	26-08.50
4 Donnae Farquharson	12 Ardsley	24-09.75
5 Alanna Barnes	12 Carey	23-10.75
6 Emily Rivera	11 Long Beach	22-04.25

Frosh/Soph Girls Shot Put

Name	Yr Team	Mark
1 Nicole Lippert	9 Mepham	26-07.50
2 Natalie Johnston	10 Island Trees	25-09.00
3 Yaman Tembulkar	9 Ardsley	22-09.25
4 Sarah Fishkin	9 Ardsley	21-06.75
5 Rachel Layvey	11 Clarke	20-07.00
6 Summer Hasseck	9 JFK Bellmore	20-06.50

Varsity Boys Shot Put

Name	Yr Team	Mark
1 Justin Calderone	12 MacArthur	41-05.75
2 Isaiah Borneo	12 Baldwin	40-10.25
3 Andrew Saulpaugh	12 Seaford	39-08.00
4 latrell hollis	12 Roosevelt	39-05.00
5 Shemar Walker	12 Wyandach	38-09.00
6 Benjamin Martinez	11 Mepham	38-04.25

Frosh/Soph Boys Shot Put

Name	Yr Team	Mark
1 Thomas Zamroz	10 Island Trees	35-11.00
2 Domianic Testani	10 Carey	33-06.00
3 Carl Bloom	10 Seaford	32-06.25
4 Tavoy Dailey	9 Wyandach	31-02.75
5 J.J. Napier	9 Mepham	30-00.75
6 Baizeed Mosfique	10 Jericho	28-09.00

Varsity Boys Discus Throw

Name	Yr Team	Mark
1 Maurece Miller	12 Wyandach	130-04
2 Andrew Saulpaugh	12 Seaford	118-06
3 Kevin Tierney	12 MacArthur	117-05
4 Brian Tretter	12 Wantagh	106-11
5 Mark Rivera	12 Long Beach	101-10
6 Alexander Odle-Lopez	12 Wyandach	98-11

Frosh/Soph Boys Discus Throw

Name	Yr Team	Mark
1 Carl Bloom	10 Seaford	101-09
2 Thomas Zamroz	10 Island Trees	94-06
3 Hashir Siddiqui	10 Mepham	77-00
4 Domianic Testani	10 Carey	76-04
5 Samuel Barcia	10 Island Trees	72-08
6 Golan Franco	9 Mepham	71-11

Varsity Girls Discus Throw

Name	Yr Team	Mark
1 Nolani Kennedy-White	10 Jericho	97-04
2 Donnae Farquharson	12 Ardsley	90-10
3 Emily Rivera	11 Long Beach	68-04
4 Alanna Barnes	12 Carey	66-06
5 Sam Chase	12 Long Beach	63-11
6 Nicole Li	12 Jericho	49-09

Frosh/Soph Girls Discus Throw

Name	Yr Team	Mark
1 Yaman Tembulkar	9 Ardsley	53-07
2 Sarah Fishkin	9 Ardsley	49-01
3 Nalany Vasquez	10 Long Beach	47-04
4 Kirstin Fogarty	9 Clarke	47-01
5 Kendall Satcowitz	9 JFK Bellmore	44-02
6 Tobi Ajah	9 Jericho	43-08

Varsity Boys Long Jump

Name	Yr Team	Mark
1 Chris Nunez-Saunders	12 Baldwin	21-02.00
2 Dabein Walker	12 Wyandach	20-08.50
3 Ryan Cummings	12 JFK Bellmore	20-06.00
4 Savion Sprauve	12 Baldwin	19-09.25
5 Thomas Testa	12 Mepham	19-02.25
6 Scott Powers	12 Long Beach	18-10.75
7 Jonathan Lin	12 Jericho	18-08.50
8 Tanner Foster	12 Baldwin	18-07.00
9 Tristan Groh	11 Long Beach	18-06.25
10 Ryan Maggio	12 Island Trees	18-03.50
10 Benjamin Ross	12 Baldwin	18-03.50
12 Stephen Amberge	11 Mepham	18-00.00
13 Richard Lilly	11 Long Beach	17-09.75
13 Colin Ogilvie	11 Seaford	17-09.75
15 Andrew Muscarello	12 Island Trees	17-09.25
16 Andre Crosdale	11 Carey	17-03.25
17 Sean Allen	11 Seaford	16-07.50
18 Ethan Ma	11 Jericho	15-06.00
19 Jesse Capozzi	11 Carey	15-05.50
20 Justin Heiss	12 Long Beach	11-10.50

Frosh/Soph Boys Long Jump

Name	Yr Team	Mark
1 Akie Sawyer	12 Wyandach	18-11.00
2 Wesley Pergament	9 Jericho	17-00.50

3 Erik Collins	10 JFK Bellmore	17-00.25
4 Nico Leone	Ardsley	16-10.00
5 Utomi Nwasesi	10 Wyandach	16-06.75
6 Mark Williams	10 Wyandach	16-05.50

Varsity Girls Long Jump

Name	Yr Team	Mark
1 Yilinn Yang	11 Ardsley	16-09.00
2 Roslyn Yang	12 Ardsley	15-02.00
3 Cayla Conley	12 JFK Bellmore	15-01.50
4 Simarat Kohli	11 Ardsley	14-07.00
5 Megan Darold	11 MacArthur	13-11.00
6 Sarah Pleines	11 MacArthur	13-04.75

Frosh/Soph Girls Long Jump

Name	Yr Team	Mark
1 Brianna Thier	9 Mepham	16-06.00
2 Zarina Nabi	10 Ardsley	14-06.00
3 Melissa Skolkin	10 Long Beach	14-01.50
4 Amanda Silberberg	10 MacArthur	13-03.50
5 King Katarina	9 Wantagh	12-11.50
6 Anya Mody	10 Ardsley	12-11.00

Varsity Boys Triple Jump

Name	Yr Team	Mark
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1 Dabein Walker	12 Wyandach	40-05.50
2 Ryan Maggio	12 Island Trees	39-01.50
3 Savion Sprauve	12 Baldwin	38-06.00
4 Tanner Foster	12 Baldwin	38-06.00
5 isaiah mitchell	12 Roosevelt	37-08.50
6 Matthew Kreuder	12 JFK Bellmore	35-10.00
7 Sam Gibson	11 Long Beach	35-06.50
8 , Jake Mastrangelo	Ardsley	35-02.50
9 Andreu Leon-Santana	12 Wyandach	34-11.00
10 , Jake Rosenberg	Ardsley	33-07.00
11 Jesse Capozzi	11 Carey	32-09.75
12 Rafael Ward	12 Roosevelt	29-02.50
F , Aquil Abdul-Basheer	Ardsley	ND

Frosh/Soph Boys Triple Jump

Name	Yr Team	Mark
1 Alex Lee	9 Seaford	34-10.00
2 Matt Ryan	10 Seaford	33-07.00
3 Nico Leone	Ardsley	32-09.00
4 Michael Prata	9 Baldwin	31-03.00
5 Jack Knox	9 Seaford	31-01.50
6 Bryan Covinton	9 Wyandach	30-03.00
7 Jonathan Ivers	9 JFK Bellmore	28-11.50

Varsity Girls Triple Jump

Name	Yr Team	Mark
1 Yilinn Yang	11 Ardsley	36-08.75
2 Emily Amato	12 Mepham	32-05.00

3	Cayla Conley	12 JFK Bellmore	31-09.25
4	Alyssa Lyman	12 Mepham	31-04.50
5	Zarina Nabi	10 Ardsley	30-07.00
6	Roslyn Yang	12 Ardsley	30-05.25
7	Payton Quarterman	11 Long Beach	28-08.00
8	Brianna Legovich	11 Wantagh	28-00.00

Frosh/Soph Girls Triple Jump

Name	Yr Team	Mark
1 Sarah Marcano	10 MacArthur	31-04.25
2 Jayden Taylor	10 Ardsley	29-02.25
3 kristina Wang	10 Ardsley	27-03.50
4 Caitlin Tavas	9 Ardsley	26-00.50

Varsity Girls High Jump

Name	Yr Team	Mark
1 Roslyn Yang	12 Ardsley	4-06.00
2 Nicole Bindell	11 Wantagh	4-04.00
3 Chakira Bell	11 Ardsley	4-04.00
4 CeCe Jimenez	11 Clarke	4-00.00

Frosh/Soph Girls High Jump

Name	Yr Team	Mark
1 Cathryn Kramer	10 Island Trees	5-02.00
2 Maria Grafas	11 Jericho	4-10.00

3	Hannah Stevens	9 MacArthur	4-04.00
4	Krystal Aquinaga	9 MacArthur	4-02.00
5	Jenna Greenwald	11 JFK Bellmore	4-00.00
6	Grace Angrisani	9 JFK Bellmore	4-00.00
6	Alicia Prainito	JFK Bellmore	4-00.00
8	Emily Lung	9 MacArthur	4-00.00
9	Arianna McLean	9 Mepham	3-10.00
NH	Melissa Skolkin	10 Long Beach	NH

Varsity Boys High Jump

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Name	Yr	Team	Mark

1	Benjamin Ross	12 Baldwin	6-02.00
2	Dabein Walker	12 Wyandach	6-00.00
3	Justin Snyder	11 Jericho	5-08.00
4	isaiah mitchell	12 Roosevelt	5-06.00
5	Sean Allen	11 Seaford	5-06.00
6	Mike Fungfeld	11 Lynbrook	5-04.00
7	Anthony Cuchel	11 Seaford	5-04.00
8	Andre Crosdale	11 Carey	5-04.00

Frosh/Soph Boys High Jump

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Name	Yr	Team	Mark

1	Jack Palmer	10 Long Beach	5-06.00
2	Billy Miata	10 Lynbrook	5-06.00
3	Micheal Pezzuto	9 Jericho	5-02.00
4	Tavoy Dailey	9 Wyandach	4-10.00
4	Zachary Wilson	9 Mepham	4-10.00
6	Mukund Murthy	Ardsley	4-08.00

7 Lucas Chaparro

10 Lynbrook

4-08.00

NH Joseph McGovern

9 Mepham

NH